

**THOMAS R. SELLERS, M.D.**

Southern Orthopaedic Surgeons  
454 Taylor Road  
Montgomery, Alabama 36117  
Office Phone: 334-613-9000

**EDUCATION / POST GRADUATE TRAINING**

- 8/2019 – 7/2020      **University of Alabama at Birmingham**, Birmingham, Alabama  
Hand & Upper Extremity Surgery Fellowship  
Director: Joseph Sherrill, MD
- 7/2014 – 6/2019      **University of South Florida / Florida Orthopaedic Institute**, Tampa, Florida  
Department of Orthopaedic Surgery  
Chairman: Roy Sanders, MD  
*Resident Physician*
- 7/2010 – 6/2014      **University of Alabama School of Medicine**, Birmingham, Alabama  
*Doctor of Medicine*
- 9/2006 – 6/2010      **Washington and Lee University**, Lexington, Virginia  
*Bachelor of Science, Neuroscience, magna cum laude*

**MEDICAL LICENSURE**

Alabama Medical License – MD.38314 (Issued 5/29/2019)

**BOARD CERTIFICATION**

USMLE Step 1 - Passed 4/24/2012  
USMLE Step 2 CK – Passed 11/21/2013  
USMLE Step 2 CS – Passed 12/19/2013  
USMLE Step 3 – Passed 8/3/2015  
ABOS Part 1 – Passed 7/11/2019  
ABOS Part 2 – Passed 7/20/22

**MEMBERSHIPS & COMMITTEES**

- 2021 – present      Reviewer, Journal of Shoulder & Elbow Surgery
- 2021 – present      Montgomery Surgical Center Credentialing Committee
- 2020 – present      American Shoulder and Elbow Surgeons
- 2018 – 2019      Administrative Chief Resident, USF Orthopaedic Residency Program
- 2016 – present      American Society for Surgery of the Hand
- 2016 – present      Arthroscopy Association of North America
- 2014 – present      American Academy of Orthopaedic Surgeons
- 2010 – present      American College of Physicians
- 2010 – 2014      Class Representative, UASOM Honor Council

**HONORS, AWARDS AND SCHOLARSHIPS**

2019	Dr. Blaine Markee Outstanding Chief Resident Award, USF Residency Program
2019	3 <sup>rd</sup> Place, Best Paper, USF/FOI Orthopaedic Research Day
2018 – 2019	Chief Resident, USF Department of Orthopaedic Surgery
2018	American Orthopaedic Association, Resident Leadership Forum
2018	1 <sup>st</sup> Place, Florida Orthopaedic Society Resident Competition (Ortho Bowl)
2017	Seth Gasser Award (Highest OITE Score), USF Residency Program
2016	Seth Gasser Award (Highest OITE Score), USF Residency Program
2014	Charles Selah Award for Excellence in Surgery, UASOM Huntsville Campus
2013	Alpha Omega Alpha Honor Medical Society
2011	Summer Trainee Fellowship to the NIH Summer Research Program
2011	Baptist Healthcare Foundation Scholarship (\$1,000)
2010	Phi Beta Kappa Society
2010	Virginia Sigma Memorial Honor Scholarship (\$3,000)
2006 – 2010	Honor Roll (GPA $\geq$ 3.75), each semester of undergraduate education
2010	Psi Chi – International Honor Society in Psychology
2008	Alpha Epsilon Delta – Premedical Honor Society
2006	Upper School Award for Excellence in Science, Montgomery Academy

### **PROFESSIONAL COURSES & MEETINGS**

12/15/21 – 12/17/21	American Shoulder & Elbow Surgeons 2021 Annual Meeting – Tampa, FL
4/22/21 – 4/24/21	27 <sup>th</sup> Annual Tampa Shoulder Course: Arthroplasty & Sports – Tampa, FL
10/23/20 – 10/24/20	DJO 7 <sup>th</sup> Annual Revision Course in Shoulder Arthroplasty – Tampa, FL
10/2/20 – 10/3/20	American Shoulder & Elbow Surgeons 2020 Annual Meeting - Virtual
2/28/20 – 2/29/20	Skeletal Dynamics Trauma Surgeon Summit – Miami, FL
1/24/20 – 1/25/20	TriMed Upper Extremity Seminar – Sarasota, FL
10/26/19 – 10/27/19	Best Practices in Nerve Repair: Fellows Edition – Boston, MA
2/7/19 – 2/9/2019	Current Solutions in Shoulder & Elbow Surgery – Tampa, Florida
2/1/2019	Current Solutions in Foot & Ankle Surgery – Tampa, Florida
11/16/18	Current Solutions in Orthopaedic Trauma – Tampa, Florida
11/2/18 – 11/3/18	Frontiers in Upper Extremity Surgery – Tampa, Florida
6/28/18	American Orthopaedic Association Annual Leadership Meeting – Boston, MA
6/26/18 – 6/27/18	AOA C. McCollister Evarts Resident Leadership Forum – Boston, MA
6/1/18 – 6/3/18	Florida Keys Musculoskeletal Oncology Course – Islamorada, Florida
2/1/18 – 2/3/2018	Current Solutions in Shoulder & Elbow Surgery – Tampa, Florida
11/10/17 – 11/12/17	Current Solutions in Orthopaedic Trauma – Tampa, Florida
11/3/17 – 11/4/17	Frontiers in Upper Extremity Surgery – Tampa, Florida

9/7/17 – 9/10/17	American Society for Surgery of the Hand Annual Meeting – San Francisco, CA
9/6/17	Adrian E. Flatt Residents & Fellows Conference, ASSH – San Francisco, CA
8/18/17 – 8/19/17	Smith & Nephew Surgical Approaches for Internal Fixation – Memphis, TN
6/2/17 – 6/3/17	DJO Revision Course in Shoulder & Elbow Arthroplasty – Tampa, Florida
2/10/17 – 2/12/17	Current Solutions in Shoulder & Elbow Surgery – Tampa, Florida
11/4/16 – 11/5/16	Frontiers in Upper Extremity Surgery - Tampa, Florida
9/16/16 – 9/17/16	AO Pediatric Fracture Management – Orlando, Florida
6/3/16 – 6/6/16	Florida Keys Musculoskeletal Oncology Course – Islamorada, Florida
3/1/16 – 3/5/16	American Academy of Orthopaedic Surgeons Annual Meeting – Orlando, Florida
2/5/16 – 2/7/16	Current Solutions in Shoulder & Elbow Surgery – Tampa, Florida
1/21/16 – 1/23/16	Current Solutions in Foot & Ankle Surgery – Tampa, Florida
11/6/15 – 11/8/16	Frontiers in Upper Extremity Surgery - Tampa, Florida
9/18/15	FOT Upper Extremity Dissection Course – Philadelphia, Pennsylvania
6/12/15 – 6/14/15	Florida Keys Musculoskeletal Oncology Course – Islamorada, Florida
2/26/15 – 3/1/15	AO Basic Principles of Fracture Management - New Orleans, Louisiana
10/16/16 – 10/18/16	Orthopaedic Trauma Association 2016 Annual Meeting – Tampa, Florida
6/13/15 – 6/15/14	Florida Keys Musculoskeletal Oncology Course – Islamorada, Florida

### **PEER-REVIEWED PUBLICATIONS**

1. Culotta BA, Gilbert SR, Sawyer JR, Ruth A, **Sellers T**. Weight gain during external fixation. *J Child Orthop*. 2013 Mar;7(2):147-150.
2. Auston DA, Meiss J, Serrano R, **Sellers T**, Carlson G, Hoggard T, Beebe M, Quade J, Watson D, Simpson RB, Kistler B, Shah A, Sanders R, Mir HR. Percutaneous or open reduction of closed tibial shaft fractures during intramedullary nailing does not increase wound complications, infection or nonunion rates. *J Orthop Trauma*. 2017 Apr;31(4):215-219.
3. Tanner G, Simon P, **Sellers T**, Christmas KN, Otto RJ, Cuff DJ, Abdelfattah A, Mighell MA, Frankle MA. Total shoulder arthroplasty with minimum 5-year follow-up: Does the presence of subchondral cysts in the glenoid increase risk of failure? *J Shoulder Elbow Surg*. 2018 May;27(5):794-800.
4. **Sellers TR**, Abdelfattah A, Frankle M. Massive rotator cuff tear: when to consider reverse shoulder arthroplasty. *Curr Rev Musculoskelet Med*. 2018 Mar;11(1):131-140.
5. Allert JW, **Sellers TR**, Simon P, Christmas KN, Patel S, Frankle MA. Massive rotator cuff tear in patients older than sixty-five: indications for cuff repair versus reverse total shoulder arthroplasty. *Am J Orthop*. 2018 Dec;47(12).
6. O'Briain DE, Simon P, Christmas KN, Diaz MA, Hess AV, Hernandez-Ortiz EG, **Sellers T**, McLendon PB, Mighell MA, Frankle MA. Do preoperative radiographs help predict intraoperative challenges in revision surgery after previous shoulder hemiarthroplasty? *J Shoulder Elbow Surg*. 2019 Jun;28(6S):S161-67.

7. Streufert BD, Eaford BS, **Sellers TR**, Christensen JT, Maxson B, Infante A, Shah A, Watson D, Sanders RW, Mir HR. Iatrogenic nerve palsy occurs with anterior and posterior approaches for humeral shaft fixation. *J Orthop Trauma*. 2020 Mar;34(3):163-168 12.
8. **Sellers TR**, Lewis JT, Smith C, Nydick JA. Intramedullary headless screw fixation for metacarpal fractures. *Tech Hand Up Extrem Surg*. 2020 Jun 8;25(1):45-51.
9. Lund EA, Busel GA, **Sellers TR**, Diaz MA. Interfragmentary positional screws maintain reduction and stiffness as well as lag screws following cyclic loading – a biomechanical study. *Submitted for publication*.

## **PRESENTATIONS**

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| 2022 | “Triumphs & Trainwrecks” Southeastern Orthopaedic Hand Meeting, Point Clear, AL, May 19, 2022.  |
| 2019 | “Comparison of Intramedullary Screw and Plate Fixation in the Treatment of Metacarpal Fractures” USF/FOI Orthopaedic Research Day, Tampa, FL, June 14, 2019.  |
| 2019 | “Biomechanical Comparison of Interfragmentary Positional Screws versus Lag Screws” Poster at the AAOS Annual Meeting, Las Vegas, NV, March 12, 2019.  |
| 2018 | “Risk Factors and Recovery of Iatrogenic Radial Nerve Palsy following Plate Fixation of Humeral Shaft Fractures” Podium Presentation at the Orthopaedic Trauma Association Annual Meeting, Orlando, FL, October 17-20, 2018.                                |
| 2018 | “Comparison of Intramedullary Screw and Plate Fixation in the Treatment of Metacarpal Fractures” Resident Paper Finalist at the Florida Orthopaedic Society Annual Meeting in St. Petersburg, FL, June 22, 2018.  |
| 2018 | “Risk Factors and Recovery of Iatrogenic Postoperative Radial Nerve Palsy following Plate Fixation of Humeral Shaft Fractures” Resident Paper Finalist at the Florida Orthopaedic Society Annual Meeting in St. Petersburg, FL, June 22, 2018.              |
| 2018 | “Interfragmentary Positional Screws Maintain Reduction and Stiffness as well as Lag Screws.” Presented at the 2017 USF/FOI Orthopaedic Research Day, Tampa, Florida, June 15, 2017.   |
| 2017 | “Comparison of Retrograde Intramedullary Screw vs Plating in the Treatment of Metacarpal Neck and Shaft Fractures” Poster at the 72 <sup>nd</sup> Annual Meeting of the American Society for Surgery of the Hand in San Francisco, CA, September 7-9, 2017. |
| 2017 | “Total Shoulder Arthroplasty After 5 Years of Follow-up: Does Cystic Disease of the Glenoid Increase Risk of Failure?” Presented at the 2017 USF/FOI Orthopaedic Research Day, Tampa, Florida, June 16, 2017.   |
| 2017 | “Comparison of Retrograde Intramedullary Screw vs Plating in the Treatment of Metacarpal Neck and Shaft Fractures” Presented at the 2017 USF/FOI Orthopaedic Research Day, Tampa, Florida, June 16, 2017.   |
| 2017 | “Debate: Reverse-Mania – Are We Doing Too Many RSA for Rotator Cuff Pathology? RSA is the Way to Go!” VuMedi Webinar, May 8, 2017.  |
| 2016 | “Percutaneous or Open Reduction of Closed Tibial Shaft Fractures During Intramedullary Nailing Does Not Increase Wound Complications, Infection or  |

Nonunion Rates.” Presented at the 2016 Orthopaedic Trauma Association (OTA) Annual Meeting, National Harbor, Maryland, October 5-8, 2016.

2016 “Decision Making and Outcomes: Reverse Total Shoulder Arthroplasty versus Rotator Cuff Repair in the Surgical Treatment of Massive Rotator Cuff Tears without Arthritis in Patients Older than 65.” Presented at the 2016 USF/FOI Orthopaedic Research Day, Tampa, Florida, June 17, 2016.

2011 “Weight Gain Following The Surgical Treatment of Blount Disease.” Poster presented at the 2011 Medical Student Research Day, University of Alabama School of Medicine, Birmingham, Alabama.

### **HOBBIES & INTERESTS**

music, travel, sports, outdoors, reading, art, architecture